

DR • EVA KRETOWICZ

OBSTETRICS - GYNAECOLOGY - FERTILITY

Dear Patient,

The spread of Coronavirus has raised concerns in the media about the steps medical practices are taking to protect their staff and patients.

To ensure the health and well being of our patients and staff, and in accordance with the most recent recommendations by the Royal Australian and New Zealand College of Obstetricians and Gynecologists, we would like to make you aware of few changes and bring the following to your attention:

We will be aiming to limit routine antenatal appointments to 15 min or less.

When possible and appropriate, we would like to encourage you to attend the appointments on your own and avoid bringing children, extended family members or even partners into my office.

Telehealth consultations - if you are unable to attend your scheduled appointment due to illness, self-isolation or if you wish to discuss any concerns at any time, please do not hesitate to contact Sharon or Catlin to arrange a suitable time.

Please notify my staff prior to attending your scheduled appointment if you are experiencing any of the following symptoms – fevers and chills, sore throat, runny nose, dry cough or if you have any concerns currently highlighted by the health authorities in relation to possible Coronavirus infection.

And above all, please stay safe, get plenty of sleep, drink plenty of water, and maintain balanced diet, with lots of fruit and vegetables.

Additional Information:

Information and advice to the general public applies equally to pregnant women. The College recommends the following websites as reliable sources of information:

- www.health.gov.au/health-topics/novel-coronavirus-2019-ncov
- www.cdc.gov/coronavirus/2019-ncov/index.html
- www.who.int/health-topics/coronavirus
- www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus
- www.rcog.org.uk/coronavirus-pregnancy

Also, please find attached a Message from RANZCOG for pregnant women and their families.

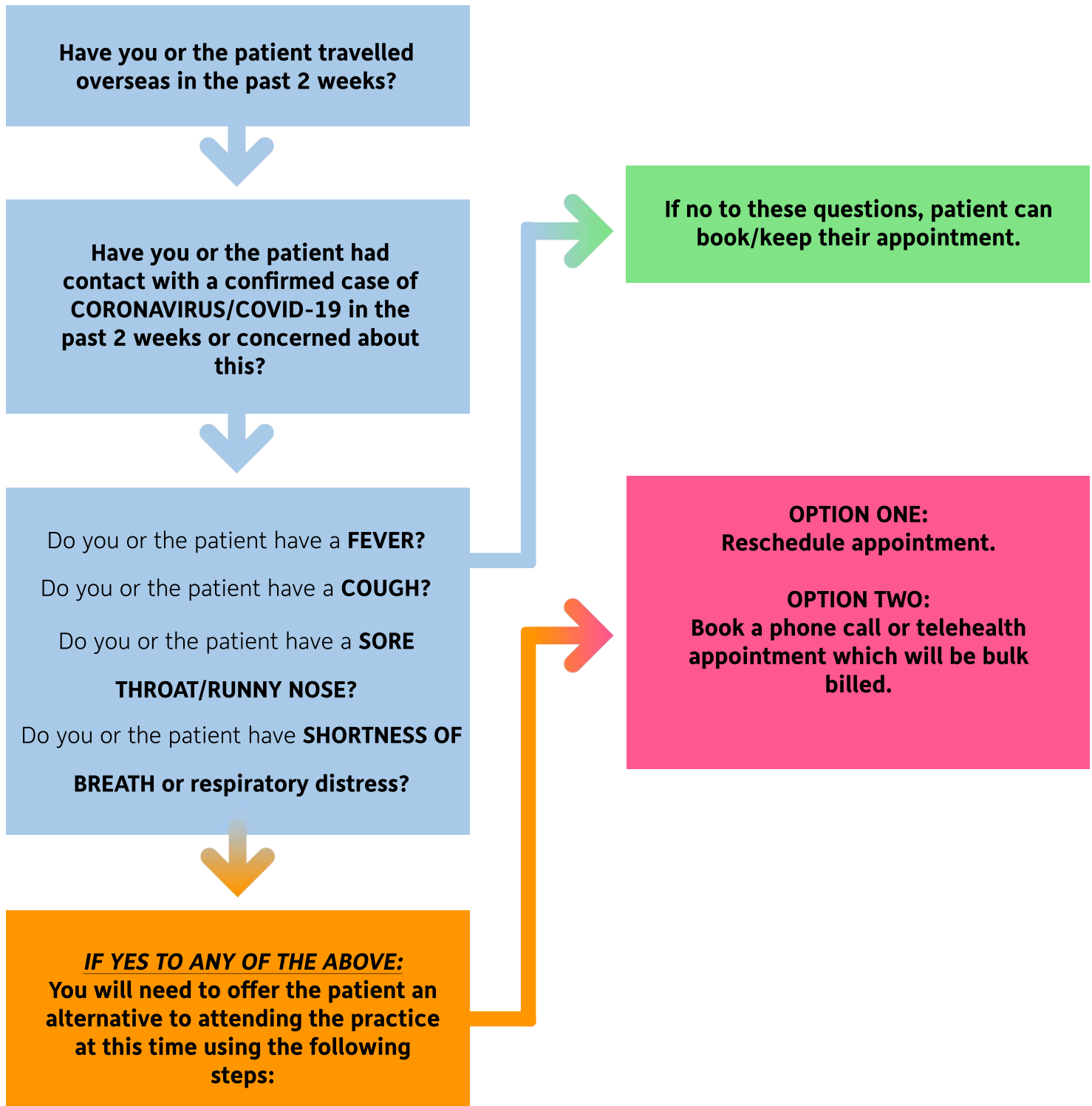
<https://ranzcog.edu.au/statements-guidelines/covid-19-statement>

With best wishes

Dr Eva Kretowicz

Critical 6 Questions

Our staff will ask these questions in this order to minimize the impact of panic and miscommunication.



Walk In Patients

Our staff will ask these questions in this order to minimize the impact of panic and miscommunication.

Each Patient and Associated Others walking in to the practice needs to:

Use the hand sanitiser on the reception counter

Our staff will ask you questions from the **Critical 6 Questions**

If any of the questioning is positive:

You will be asked to wait in your car or outside away from other people
until your doctor is ready to see you



Check your **mobile number** is correct and let the receptionist
know **your car model and colour**



If you are visibly unwell and require urgent attention:
head directly to your nearest emergency department or call 000